



# Invitation to the 7<sup>th</sup> German Kyokushin Karate Seminar

International Camp from 9<sup>th</sup> - 11<sup>th</sup> September 2022



Source: [www.cologne-sportspark.de](http://www.cologne-sportspark.de) - Seminar Training Hall

## Address

Cologne Sportspark

Poller Weg 1

51149 Cologne

Germany

**[www.cologne-sportspark.de](http://www.cologne-sportspark.de)**

DKKBV e.V.  
Cologne Sportspark  
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51149 Köln

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[www.kyokushin-karate.de](http://www.kyokushin-karate.de)

Sparkasse KölnBonn  
BLZ: 370 501 98  
KTO: 1900887421

Dear Shihans, Senseis, Senpais and Karatekas,

the *Deutsche Kyokushin Karate & Budo Vereinigung e.V.* cordially invites you to the three-day German Seminar International Camp in Cologne.

The workshop of elements contains Kihon, Kata and Kumite, Kyu and Dan test promotion, Jiu Jitsu and Streetfight, Self-defense and Latardo Combat Style.

The seminar will be led by Shihan Shehab and other European guest instructors from various associations.

From Germany

Shihan Ulf Nolte ( IKO Matsushima Group )

Sensei Jürgen Liepertz (WAKKU)

Sensei Sergej Ritter ( Shinkyokushin )

Sensei Evgeny Bartolomey ( WKB )

Style JiuJutsu Shihan Hans Jürgen Urban

From Sweden

Shihan Husain Al-Obaidi ( IKO Tezuka Group )

Shihan Hashim Oto ( IKO Tezuka Group )

From Romania

Sensei Valentin Tudor ( WAKKU )

From Netherlands

Shihan Leon Sebregts

From Austria

Style Latardo Kancho Adam Bisaev

We would be very happy about your participation. It is not only a good opportunity to train, but also to make friends.

# Schedule

## Friday 9<sup>th</sup> September

### 05:00 PM

arrive & check in.

### 06:00 - 07:00 PM

Start with Shihan Shehab A. Yazea, Kyokushin Session ( **Kihon Geiko & Ido Geiko** )

### 07:00 - 08:00 PM

with Shihan Shehab A. Yazea Kyokushin **Kata** Session

## Saturday 10<sup>th</sup> September

### 10:00 - 12:00 AM

with Shihan Ulf Nolte, Shihan Husain Alobaidi, Shihan Leon Sebregts, Shihan Shehab A. Yazea **Kumite Techniques & self- defence** session.

### 02:00 - 04:00 PM

with Shihan Hashim Oto, Sensei Valentin Tudor, Sensei Jürgen Liepertz, Shihan Husain Al-Obaidi & Shihan Shehab A. Yazea, **Kata** session into several groups.

### 05:00 - 06:00 PM

with Shihan Hashim Oto, Shihan Shehab A. Yazea, Sensei Valentin Tudor, Shihan Husain Al-Obaidi & Sensei Jürgen Liepertz ( **Referee Course, national & international** )

### 06:00 - 08:00 PM

with\_Kancho Adam Bisaev **Latardo style** demonstration & with Shihan Hans - Jürgen Urban **JiuJitsu & streetfight** style demonstration.

# Schedule

## Sunday 11<sup>th</sup> September

### 7:00 - 8:00 AM

morning exercise, **Jogging, fitness**

### 10:00 - 12:00 AM

first section, technical **kyu & dan test** wit Shihan Shehab A. Yazea, Shihan Husain Al-Obaidi

### 10:00 - 12:00 AM

Kihon, Kata session with Sensei Valentin Tudor, Sensei Jürgen Liepertz & Senpai Roxana Tudor

### 01:00 - 02:30 PM

second section **(30, 40, 50) Man - Kumite** for all participants

### 2:30 PM

Certificate distribution and saying goodbye, Osu!

# Participation Fee

<b>ADULTS 18+</b> <i>entire event</i>	<b>125 €</b>
<b>KIDS / ADOLESCENTS 12+</b> <i>entire event</i>	<b>75 €</b>
<b>KIDS under 12 years old</b> <i>entire event</i>	<b>25 €</b>
<b>ADULTS and ADOLESCENTS</b> <i>1 Day only</i>	<b>50 €</b>

**Sleeping with your own sleeping bag on the mats 10 € per day.**

Accommodations outside the seminar place is at your own expense!

## Payment

The seminar fee for complete event should be transferred to our Bank account **before 30<sup>th</sup> of August.**

The seminar fee **for one day participants can be payed cash** in place.

### Bank details

Holder: **Deutsche Kyokushin Karate & Budo Vereinigung e.V.**  
IBAN: **DE04 3705 0198 1900 8874 21**  
SWIFT-BIC: **COLSDE33**  
Reference: **Kyokushin Seminar 2022**

# Checklist

## Please bring with you

- groin guard (males) or chest protector (females)
- fingerless gloves
- shin guard
- towel
- indoor* shoes
- running* shoes
- Karate Gi

# Registration

**Shihan Shehab A. Yazea**

**Senpai Ahu L. Yildiz**

**Mobile**

+49 1575 0607537

+49 1573 5253871

**E-Mail**

K1kyo3@hotmail.com

If you are interested please register early, so we can organize the seminar in good quality, properly. The training is designed so that there will be both joint training sessions, as well as groups.

We are forward to meet you all as soon as possible, OSU.